

What's on at the One Stop Shop for Autism Fife in October 2015....

**Please note that some groups have changed please check the calendar each time you plan to attend the One Stop Shop to check what is on.*

If it is your first time attending a group please, contact a member of staff on 01383 724200 or email fifeoss@scottishautism.org

<p>Thursday the 1st of October Today's office opening times 9.30am-7pm</p>	<p>10am-12pm</p> <p>1pm-3pm</p> <p>5pm-7pm</p>	<p>Understanding my loved ones ASD diagnosis (17+ years) <i>A six week programme of workshops for parents/ carers/ loved ones of individuals diagnosed with an Autism Spectrum Disorder. The sessions are run by staff from the OSS Fife and trainee psychologist Hollie Burnett. To sign up for these workshops please contact the One Stop Shop.</i></p> <p>Advisory Drop in <i>A chance to drop-in and meet with an Autism Advisor for information, support, advice or an informal chat.</i></p> <p>16+ Social Drop in <i>Social drop in for adults aged 16+ with an ASD diagnosis. Activities include: games, pool, art and themed activity nights. If you have never attended a social group at the OSS before and you would like to come to our drop in please first arrange a meeting with a member of the OSS staff.</i></p>
<p>Friday the 2nd of October Today's office opening times 9.30am-5pm</p>	<p>10am-12pm</p> <p>10am-3pm</p> <p>4pm-5pm</p>	<p>Advisory Drop in <i>A chance to drop-in and meet with an Autism Advisor for information, support, advice or an informal chat.</i></p> <p>Support and Understanding of Social Skills (SUSS) <i>In partnership with Fife Council Supported Employment Service, the One Stop Shop is providing a series of twelve workshops which will look at developing social skills for adults with an autism spectrum diagnosis. If you are interested in attending the workshops please contact the One Stop Shop for more information on how referrals to the course are made.</i></p> <p>40+ Coffee Club <i>Group for individuals with ASD who are 40 years old and over who would like to come and have a hot drink and a chat with peers. If you are interested in coming along please let us know by emailing fifeoss@scottishautism.org or calling us on 01383 724200.</i></p>
<p>Monday the 5th of October Today's office opening times 9.30am-5pm</p>		<p>Closed For Training</p>
<p>Tuesday the 6th of October Today's office opening times 9.30am-7pm</p>	<p>5pm-7pm</p>	<p>Girls Group 16+ <i>A group for girls aged 16+ with an ASD diagnosis aimed at creating a relaxing atmosphere where social interaction is encouraged between peers. Theme nights will occur at regular meetings but the focus of the group is to have a safe place for females to meet.</i></p>

What's on at the One Stop Shop for Autism Fife in October 2015....

<p>Wednesday the 7th of October Today's office opening times 9.30am-5pm</p>	<p>10am-12pm</p>	<p>Walking Group <i>A walking group open to anyone diagnosed with an ASD. The group will meet at the OSS and will walk around the Glen in Dunfermline. *This group is now unsupervised.</i></p>
<p>Thursday the 8th of October Today's office opening times 9.30am-5pm</p>	<p>1pm-3pm</p>	<p>Advisory Drop in <i>A chance to drop-in and meet with an Autism Advisor for information, support, advice or an informal chat.</i></p>
<p>Friday the 9th of October Today's office opening times 9.30am-5pm</p>	<p>10am-12pm 10am-3pm 4pm-5pm</p>	<p>Advisory Drop in <i>A chance to drop-in and meet with an Autism Advisor for information, support, advice or an informal chat.</i></p> <p>Support and Understanding of Social Skills <i>In partnership with Fife Council Supported Employment Service, the One Stop Shop is providing a series of twelve workshops which will look at developing social skills for adults with an autism spectrum diagnosis. If you are interested in attending the workshops please contact the One Stop Shop for more information on how referrals to the course are made.</i></p> <p>40+ Coffee Club <i>Group for individuals with ASD who are 40 years old and over who would like to come and have a hot drink and a chat with peers. If you are interested in coming along please let us know by emailing fifeoss@scottishautism.org or calling us on 01383 724200.</i></p>
<p>Monday the 12th of October Today's office opening times 9.30am-5pm</p>		<p>Open for Appointments only</p>
<p>Tuesday the 13th of October Today's office opening times 9.30am-5pm</p>		<p>Open for Appointments only</p>
<p>Wednesday the 14th of October Today's office opening times 9.30am-5.30pm</p>	<p>10.30am-12pm 10.30am-12pm 1pm-3.30pm</p>	<p>Let's Talk... ASD and a cup of tea/Dysart. <i>Enable US and the OSS would like to invite you along to our monthly parent support group for parents with children diagnosed with ASD and challenging behaviour. We will be delivering workshops, giving advice and the latest information on support in your local area. Come along to Enable Fife, 5 Alexander Street, Dysart, Kirkcaldy KY1 2XX please call 01592659295 for more information.</i></p> <p>Walking Group <i>A walking group open to anyone diagnosed with an ASD. The group will meet at the OSS and will walk around the Glen in Dunfermline. *This group is now unsupervised.</i></p> <p>Fragile X Syndrome - Information workshop <i>The Fragile X society will be delivering a workshop about</i></p>

What's on at the One Stop Shop for Autism Fife in October 2015....

		<p><i>Fragile X syndrome. This informative workshop will cover what fragile X is and how the condition affects the individual diagnosed and their families. For more information or to book a place on this workshop please contact the OSS on 01383724200.</i></p>
<p>Thursday the 15th of October Today's office opening times 9.30am-7pm</p>	<p>10am-1pm</p>	<p>What is Autism? For siblings <i>Day 1 of this two day course is designed to enable siblings to gain a greater understanding of their brother or sister's autism.</i> <i>The sessions cover the "I am Special" sibling worksheets which includes general facts, information about autism and personal information, covering the strengths an autistic person may have as well as the challenges they may face.</i> <i>This is a closed group if you would like to book a place for your child to attend the next intake of siblings courses please contact a member of staff at the OSS.</i></p>
	<p>5pm-7pm</p>	<p>No Advisory Drop in today!</p> <p>16+ Social Drop in <i>Social drop in for adults aged 16+ with an ASD diagnosis. Activities include: games, pool, art and themed activity nights. If you have never attended a social group at the OSS before and you would like to come to our drop in please first arrange a meeting with a member of the OSS staff.</i></p>
<p>Friday the 16th of October Today's office opening times 9.30am-5pm</p>	<p>10am-12pm</p>	<p>Advisory Drop in <i>A chance to drop-in and meet with an Autism Advisor for information, support, advice or an informal chat.</i></p>
	<p>10am-3pm</p>	<p>Support and Understanding of Social Skills (SUSS) <i>In partnership with Fife Council Supported Employment Service, the One Stop Shop is providing a series of twelve workshops which will look at developing social skills for adults with an autism spectrum diagnosis.</i> <i>If you are interested in attending the workshops please contact the One Stop Shop for more information on how referrals to the course are made.</i></p>
	<p>4pm-5pm</p>	<p>40+ Coffee Club <i>Group for individuals with ASD who are 40 years old and over who would like to come and have a hot drink and a chat with peers. If you are interested in coming along please let us know by emailing fifeoss@scottishautism.org or calling us on 01383 724200.</i></p>
<p>Monday the 19th of October Today's office opening times 9.30am-5pm</p>	<p>10am-12pm</p>	<p>Introduction to Autism <i>A free workshop for professionals looking for information about the Autism Spectrum. This workshop is a basic introduction which covers the triad, theories and sensory issues around autism. Also includes an opportunity for discussion.</i></p>

What's on at the One Stop Shop for Autism Fife in October 2015....

<p>Tuesday the 20th of October Today's office opening times 9.30am-7pm</p>	<p>5pm-7pm</p>	<p>Girls Group <i>A group for girls aged 16+ with an ASD diagnosis aimed at creating a relaxing atmosphere where social interaction is encouraged between peers. Theme nights will occur at regular meetings but the focus of the group is to have a safe place for females to meet.</i></p>
<p>Wednesday the 21st of October Today's office opening times 9.30am-5pm</p>	<p>10.30am-12pm</p>	<p>Walking Group <i>A walking group open to anyone diagnosed with an ASD. The group will meet at the OSS and will walk around the Glen in Dunfermline. *This group is now unsupervised.</i></p>
<p>Thursday the 22nd of October Today's office opening times 9.30-5pm</p>	<p>10am-1pm 1pm-3pm</p>	<p>What is Autism? For siblings <i>Day 2 of this two day course is designed to enable siblings to gain a greater understanding of their brother or sister's autism. The sessions cover the "I am Special" sibling worksheets which includes general facts, information about autism and personal information, covering the strengths an autistic person may have as well as the challenges they may face. This is a closed group if you would like to book a place for your child to attend the next intake of siblings courses please contact a member of staff at the OSS.</i> Advisory Drop in <i>A chance to drop-in and meet with an Autism Advisor for information, support, advice or an informal chat.</i></p>
<p>Friday the 23rd of October Today's office opening times 9.30am-5pm</p>	<p>10am-12pm 10am-3pm 4pm-5pm</p>	<p>Advisory Drop in <i>A chance to drop-in and meet with an Autism Advisor for information, support, advice or an informal chat.</i> Support and Understanding of Social Skills <i>In partnership with Fife Council Supported Employment Service, the One Stop Shop is providing a series of twelve workshops which will look at developing social skills for adults with an autism spectrum diagnosis. If you are interested in attending the workshops please contact the One Stop Shop for more information on how referrals to the course are made.</i> 40+ Coffee Club <i>Group for individuals with ASD who are 40 years old and over who would like to come and have a hot drink and a chat with peers. If you are interested in coming along please let us know by emailing fifeoss@scottishautism.org or calling us on 01383 724200.</i></p>

What's on at the One Stop Shop for Autism Fife in October 2015....

<p>Monday the 26th of October Today's office opening times 9.30am-5pm</p>	<p>2pm-3pm</p>	<p>Gardening Group Monthly Maintenance <i>A follow on from the six week gardening group for adults with ASD. The group will carry out maintenance in the garden. This is a closed group.</i> <i>If you are interested in attending any future group please book a place by emailing fifeoss@scottishautism.org</i></p>
<p>Tuesday the 27th of October Today's office opening times 9.30am-5pm</p>		<p>Open for Appointments only</p>
<p>Wednesday the 28th of October Today's office opening times 9.30am-5pm</p>	<p>9.30am-12.30pm 10.30am-12pm</p>	<p>Early Bird <i>Parent autism awareness programme run by NHS Fife. This is a closed group.</i> Walking Group <i>A walking group open to anyone diagnosed with an ASD. The group will meet at the OSS and will walk around the Glen in Dunfermline. *This group is now unsupervised.</i></p>
<p>Thursday the 29th of October Today's office opening times 5pm-7pm</p>	<p>Office Closed 10am-5pm 5pm-7pm</p>	<p>No Advisory Drop in! 16+ Halloween party <i>Ghouly food, spooky treasure hunt, horrid games and more... new members are welcome. To find out more about our social groups and how to join please contact a member of staff at the One stop Shop for an information gathering form on 01383724200 or email fifeoss@scottishautism.org</i></p>
<p>Friday the 30th of October Today's office opening times 9.30am-5pm</p>	<p>10am-12pm 10am-3pm 4pm-5pm</p>	<p>Advisory Drop in <i>A chance to drop-in and meet with an Autism Advisor for information, support, advice or an informal chat.</i> Support and Understanding of Social Skills <i>In partnership with Fife Council Supported Employment Service, the One Stop Shop is providing a series of twelve workshops which will look at developing social skills for adults with an autism spectrum diagnosis.</i> <i>If you are interested in attending the workshops please contact the One Stop Shop for more information on how referrals to the course are made.</i> 40+ Coffee Club <i>Group for individuals with ASD who are 40 years old and over who would like to come and have a hot drink and a chat with peers. If you are interested in coming along please let us know by emailing fifeoss@scottishautism.org or calling us on 01383 724200.</i></p>

What's on at the One Stop Shop for Autism Fife in October 2015....

Saturday the 31st of October Today's office opening times 9.30am-5pm	10am-12pm	Lego Club <i>Lego therapy sessions for children who have signed up through our taster sessions in the summer holidays. If you are interested in learning more about Lego therapy and how to get involved please contact Elaine Smith on 01383724200.</i>
	2pm-4pm	Family Social Drop In (under 15s) Halloween Party <i>Ghouly food, spooky treasure hunt, horrid games and more... new members are welcome. To find out more about our social groups and how to join please contact a member of staff at the One stop Shop for an information gathering form on 01383724200 or email fifeoss@scottishautism.org ...</i>